

## A New Dimension to The Poverty Problem Education

P.V.Sukhatme<sup>1</sup>, Wade Eduroundson<sup>2</sup> and Sheldon Margen<sup>3</sup>

1. *School of Health Science, University of Poona, Pune 411 007, Maharashtra, India*
2. *Department of Geography, New England University, Armidale, N.S.W., Australia*
3. *School of Health Science, Nutrition Unit, University of California, Berkeley, California, U.S.A.*

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**ABSTRACT** In Human Ecology, everything is connected with everything else. Of necessity, therefore, we must believe in science as a whole. Given this complexity, the central issue is always the individual changing over time and at different levels of well being throughout the life cycle. Analysis of available data using ANOVA models confirms that health is not a set point but a continuum that is, it is a bounded variable and the variation between regions, between individuals within regions and between days within weeks, is hierarchical in structure, clearly pointing out the non-random source of variation. This does not however mean that the variation between individuals and within individuals is entirely genetic, in part it is genetic and in part it is the interaction between the genome and the environment in which an individual is brought up. The non-random nature of the variation ensures that the communication between mind and body, *i.e.* Adhyatma is automatically regulated by the endogenous systems in man. In humans, it is not the body that abides, it is the pattern of homeostasis that perpetuates itself. An individual, therefore, constitutes a dynamic bio-system which is self-replicating, constantly changing and potentially mutable, a bio-system which has to depend on human and physical forces as well as the interplay between the mind and the body. Good health corresponds to stability, normal functioning and homeostasis. Ill-health corresponds to a state of instability, loss of control and failure of self-regulation. Briefly, man's health depends upon the balance of external and internal environments and absence of dietary and disease insult.